

SCCSA REC LEAGUE RULES – Fall 2006

Coed U5 Division

U5 players will be following a circuit format for 1 hour. They will stay with their team and coach and spend 8 minutes at each of the four skills stations and two 8 minute sessions at a small sided game. Shin guards are mandatory, and must be covered by socks. All free kicks are indirect (must be touched by a second teammate before going in the goal). No penalty kicks. No throw-ins. The ball shall be kicked in from the point where it crossed the line. All corner-kicks shall be taken within two (2) yards from the corner flag post. Off sides are not called, but discourage “cherry-picking”. Substitutions are allowed at any stoppage of play to get kids the most playing time.

Coed U6 Division

Eight (8) minute quarters. Five (5) vs. five (5), no goalkeepers. Substitutions only between quarters and for injury, Shin guards are mandatory, and must be covered by socks. All free kicks are indirect (must be touched by a second teammate before going in the goal). No penalty kicks. No throw-ins. The ball shall be kicked in from the point where it crossed the line. All corner-kicks shall be taken within two (2) yards from the corner flag post. Off sides are not called, but discourage “cherry-picking”.

Coed U7 Division

Eight (8) minute quarters. Seven (7) vs. seven (7), no goalkeepers. Substitutions only between quarters and for injury, Shin guards are mandatory, and must be covered by socks. All free kicks are indirect (must be touched by a second teammate before going in the goal). No penalty kicks. No throw-ins. The ball shall be kicked in from the point where it crossed the line. All corner-kicks shall be taken within two (2) yards from the corner flag post. Off sides are not called, but discourage “cherry-picking”.

Coed U8 Division

Ten (10) minute quarters. Eight (8) vs. eight (8), including a goalkeeper. Substitutions permitted only between quarters and for injury. Shin guards are mandatory and must be covered by socks. All free kicks are indirect (must be touched by a second teammate before going in the goal). No penalty kicks. Throw-ins are used. The thrower must face the field of play and part of each foot shall be either on the touchline or on the ground outside the touchline. The thrower shall use both hands and shall deliver the ball from behind and over his head. Give a second and third try on a “bad” throw-in after explaining how to do it properly. Offside is not called, but discourage “cherry-picking”.

Coed U9/U10 Division

Ten (10) minute quarters. Nine (9) vs. nine (9) including goalkeeper. Substitutions permitted only between quarters and for injury. Shin guards are mandatory and must be covered by socks. FIFA rules apply for all fouls. Retake throw-ins one time after explaining why the first one was “bad”. If still not done right, give the throw-in to the other team. Goal kicks are taken from the 12 yard mark. Offside is called.

Coed U11/U12/U13 Division

Twenty Five (25) minute halves. Eleven (11) vs. eleven (11) including goalkeeper. Substitutions permitted at any stoppage of play at the mid-field area. The referee must be notified first. Shin guards are mandatory and must be covered by socks. FIFA rules apply for the entire game. Offside is called.

Coed U14/U15/U16/U17/U18 Division

Thirty Five (35) minute halves. Eleven (11) vs. eleven (11) including goalkeeper. Substitutions permitted at any stoppage of play at the mid-field area. The referee must be notified first. Shin guards are mandatory and must be covered by socks. FIFA rules apply for the entire game. Offside is called.

Girls U8 Division

Ten (10) minute quarters. Eight (8) vs. eight (8), including a goalkeeper. Substitutions permitted only between quarters and for injury. Shinguards are mandatory and must be covered by socks. All free kicks are indirect (must be touched by a second teammate before going in the goal). No penalty kicks. Throw-ins are used. The thrower must face the field of play and part of each foot shall be either on the touchline or on the ground outside the touchline. The thrower shall use both hands and shall deliver the ball from behind and over his head. Give a second and third try on a “bad” throw-in after explaining how to do it properly. Offside is not called, but discourage “cherry-picking”.

Girls U9/U10 Division

Ten (10) minute quarters. Nine (9) vs. nine (9) including goalkeeper. Substitutions permitted only between quarters and for injury. Shin guards are mandatory and must be covered by socks. FIFA rules apply for all fouls. Retake throw-ins one time after explaining why the first one was “bad”. If still not done right, give the throw-in to the other team. Goal kicks are taken from the 12 yard mark. Offside is called.

Girls U11/U12/U13 Division

Twenty Five (25) minute halves. Eleven (11) vs. eleven (11) including goalkeeper. Substitutions permitted at any stoppage of play at the mid-field area. The referee must be notified first. Shin guards are mandatory and must be covered by socks. FIFA rules apply for the entire game. Offside is called

Girls U14/U15/U16/U17 Division

Thirty Five (35) minute halves. Seven (11) vs. seven (11) including goalkeeper. Substitutions permitted at any stoppage of play at the mid-field area. The referee must be notified first. Shin guards are mandatory and must be covered by socks. FIFA rules apply for the entire game. Offside is called.

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